



Year 1 Curriculum Newsletter – Autumn Term 2026

Dear Parents & Carers,

Welcome back! We hope you had a wonderful and relaxing summer holiday. We are very excited to welcome the children back to school and begin another exciting year of learning in Year 1. Below, you will find a summary of the main learning areas for this term, along with some important reminders. We have lots of exciting learning experiences planned for the children this term, including our History unit, 'Castles', where we will be learning about castles and visiting Rockingham Castle. We will also be busy preparing for and performing our Christmas performance, which we are sure will be a very special event!

As we move into the autumn season and the weather becomes colder and wetter, please ensure your child has a **named coat, hat, gloves and wellies** in school so that they are prepared for all types of weather.

Homework & Reading

We ask that children read for **at least 10 minutes, 5 nights a week**. This can be just a few pages and does not need to be the whole book. Regular reading at home is incredibly important and will support your child's progress in reading, writing, vocabulary and comprehension.

Please remember to complete your child's **reading record each time they read**, including your signature and, where possible, a short comment about their reading. Your child will be changing their reading books **daily**, so please ensure that their **reading record is brought into school every day**.

We understand that family routines can sometimes make daily reading difficult. If you have any questions, concerns or difficulties with reading at home, please speak to your child's teacher as soon as possible so that we can support you.

Children in Year 1 will also have access to Spelling Shed, with activities linked to the phonics they are learning in school. They can also use NumBots to practise their Maths skills online. Login details for these platforms should be stuck into your child's reading record for quick and easy access.

P.E.

Year 1 P.E. sessions will take place on **Monday**.

Please ensure your child has the appropriate P.E. kit in school - white T-shirt, navy shorts, plimsolls/trainers, warm top and jogging bottoms. Please ensure that **all items of clothing are clearly named** so that we can return any belongings that may become misplaced.

For health and safety reasons, **earrings must be removed on P.E. days**. Children are unable to take part in P.E. while wearing earrings, and adults in school are not permitted to remove them.

If you have any questions or concerns throughout the term, please do not hesitate to speak to your child's teacher.

Thank you for your continued support.

The Year 1 Team

Autumn Term 2026 – Curriculum Units for Year 1



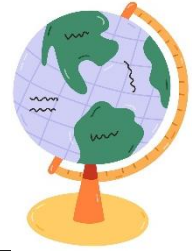
History

In History, we will be learning about the different types of castles, who would have lived there and the jobs some people might have had. We will be looking at how castles were invaded and what weaponry was used.



Computing

This term we will be introducing the use of technology available at school such as laptops and iPads. Our key learning will be about the main parts of a computer and how to use the keyboard and mouse.



Geography

In Geography, we will be studying different settlements, ranging from small villages to large cities. The children will learn the differences between each settlement as well as developing their map skills.



Art

This term the children will be experimenting with a range media. They will use different types of line to create under the sea themed art as well as explore different ways of mark making. Their final product will be a drawing from observation.



Religion and Worldwide Views

In RW, the children will be exploring how the world began in a range of different religions. They will be looking at creation stories and thinking about what they suggest about God.



Music

In Music, we will be learning all about keeping the pulse within the theme 'all about me'. They will learn how to clap a beat and stay in time with the music.



PSHE

In PSHE this term we will be looking at the unit 'Being Me in My World'. The children will be looking at rights and responsibilities, consequences and achievements.



DT

In DT, the children will be developing their Design and Technology skills and knowledge by exploring a slider mechanism and the movement they output. In addition, they will design, make and evaluate a moving storybook from a range of templates.



P.E.

This term, the children have been developing their netball skills. They will practise passing and catching, moving into space and working as part of a team. The children will be learning the importance of following rules, communicating with their teammates and showing good sportsmanship.