








# Spring/Summer Menu 2022







 Added Plant Power

 Vegan

 Wholemeal

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Week One</b>  w/c 21st Feb 2022 w/c 14th Mar 2022 w/c 18th Apr 2022 w/c 9th May 2022 w/c 6th June 2022 w/c 27th June 2022 w/c 18th July 2022	Option 1	Tomato & Vegetable Pasta 	Beef Burger in a Bun with Chips	Roast Gammon with Roast Potatoes & Gravy	Chicken Curry with Rice 	Breaded Fish with Chips
	Option 2	Spanish Omelette with Potato Wedges	Vegan Burger in a Bun with Chips 	Vegetable Wellington with Roast Potatoes & Gravy 	Broccoli & Cheese Pasta Bake	Vegan Mexican Roll with Chips 
	Option 3	Jacket Potato with Cheese	Egg Salad	Tuna Wrap	Ham Roll	Jacket Potato with Cheese
	Vegetables	Peas Sweetcorn	Sweetcorn Mixed Peppers	Cabbage Carrots	Green Beans Broccoli	Peas Baked Beans
	Dessert	Carrot & Courgette Cake with Custard	Fresh Fruit & Yoghurt Station	Apple & Raisin Flapjack 	Orange & Cinnamon Cookie 	Peaches & Ice Cream

<b>Week Two</b>  w/c 28th Feb 2022 w/c 21st Mar 2022 w/c 25th Apr 2022 w/c 16th May 2022 w/c 13th June 2022 w/c 4th July 2022	Option 1	Macaroni Cheese	Spaghetti Bolognese 	Roast Chicken with Stuffing, Roast Potatoes & Gravy	BBQ Chicken Pizza 	Fish Fingers with Chips
	Option 2	Vegetable Curry with Rice 	Vegan Spaghetti Bolognese 	Roast Quorn with Stuffing, Roast Potatoes, & Gravy 	BBQ Quorn Fillet with Rice 	Cheese & Beans Pasty with Chips
	Option 3	Egg Mayonnaise Roll	Jacket Potato with Cheese	Ham Salad	Tuna Wrap	Salmon Fingers with Chips
	Vegetables	Sweetcorn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Apple & Berry Crumble with Ice Cream 	Fresh Fruit & Yoghurt Station	Lemon Drizzle Cake	Chocolate Beetroot Brownie with Chocolate Sauce	Apple, Cheese & Crackers

<b>Week Three</b>  w/c 7th Mar 2022 w/c 28th Mar 2022 w/c 2nd May 2022 w/c 23rd May 2022 w/c 20th June 2022 w/c 11th July 2022	Option 1	Cheese & Tomato Pizza with Chips 	Beef Lasagne with Garlic Bread 	Roast Chicken, Roast Potatoes and Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips
	Option 2	Falafel with Lemon & Herb Couscous 	Vegetable Enchiladas with Rice	Lentil & Basil Puff Pastry, Roast Potato & Gravy 	Vegan Sausage Hot Dog with Potato Wedges 	Cheese & Red Pepper Frittata with Chips
	Option 3	Egg Salad	Jacket Potato with Cheese	Ham Salad	Tuna Wrap	Jacket Potato with Cheese
	Vegetables	Green Beans Carrots	Coleslaw Sweetcorn	Carrots Broccoli	Sweetcorn Tomato Salsa	Peas Baked Beans
	Dessert	Lemon & Mixed Berry Cake	Fresh Fruit & Yoghurt Station	Raspberry Jelly & Mandarins 	Pineapple Loaf with Custard	Chocolate Shortbread

**ALLERGY INFORMATION:**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.