

# VegFest Growing Sessions

Groundwork East have kindly been funded by National Highways to deliver a VegFest Schools Growing Programme. This programme will involve working with 8 schools in St Neots to provide outdoor, physical activities in a schools green space that enable children/young people to connect with the natural environment.

We will be working with the schools over a 3 year period. This will entail working with the schools to help spruce up their growing areas ready for the growing sessions. This work has already started and all school builds will be completed by the end of February!

After this we will deliver 14 growing sessions to each school and finishing with a VegFest Celebration day to highlight what the children have grown, what they have learnt and to celebrate their success.

Your school has signed up for this amazing opportunity and your child will be taking part in these sessions and the VegFest Celebration Day.

> Sessions will start in March and will finish mid June.

> VegFest will take place beginning of July with more information to follow.

Your child will learn basic gardening skills, the importance of home growing, learn how to look after their plants and how to harvest them, the importance of healthy eating and partake in outdoor craft activities.

We would recommend your child to be dressed for outdoor play for these sessions. You may want to send spare clothes, wellies, rain coats or waterproofs into the school on the day.

