



YOU'RE INVITED TO OUR INFORMATION
SESSION ON...

NHS
Cambridgeshire
Community Services
NHS Trust

SUPPORTING YOUR CHILD WITH BEHAVIOUR

The Round House Primary
School

Monday 23rd February at 2pm

with..
The
Mental Health
Support Team



FREE

Babies and
pre-school
age children
are
welcome to
join

This session will provide you with **information** to increase your understanding of your child.

We will talk about how to **recognise** when your child may be feeling overwhelmed and **identify** some of the possible reasons they may be struggling.

We will then introduce some **strategies** to help your child manage these big feelings!