

Home Learning Opportunities

Below are a range of different links to a range of different learning opportunities to use during the school closures. Explore and enjoy!

Live streams:

<https://www.bbc.co.uk/programmes/p06tmmvz> - Andy's wild workouts- CBeebies.

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ> – PE workouts at 9.00 every weekday by Joe Wicks.

https://www.youtube.com/channel/UC58aowNEXHHnflR_5YTtP4g - Oti Mabuse's live dance classes.

<https://ddmixforschools.com/> - dance with Darcey Bussell from 1.30 each day.

General Physical Education:

<https://www.nhs.uk/change4life> - Scroll down on the home page to find Disney and Pixar themed 10 minute shake up activities. Another way to stay fit and healthy throughout the day.

Go Noodle (Fun dance videos for exercise plus videos for mindfulness and stretching, free to join):

<https://app.gonoodle.com/activities/lets-unwind>

<https://app.gonoodle.com/activities/hungry-flamingo>

<https://app.gonoodle.com/activities/bubble-breath>

Premier League Primary Stars

Here are some fun family challenges that you might want to have a go at!

https://plprimarystars.com/news/friday-family-challenge?utm_campaign=1888909_HL%20Sunday%20email%2026.04.20&utm_medium=email&utm_source=edcoms&dm_i=3VTU,14HHP,666XNW,3YI12,1