



Physical Education Long Term Plan

2025 - 2026



		Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year Group	Value	Honesty Teamwork	Respect Self-Belief	Determination Passion	Honesty Teamwork	Respect Self-Belief	Determination Passion
EYFS		Me and Myself	Movement and development	Dance	Ball skills, throwing and catching	Fun and Games	Working with others
Year 1		Tag Rugby Netball	Health and Fitness	Gymnastics Dance	Football Hockey	Tennis Athletics	Cricket / Rounders Orienteering
Year 2		Tag Rugby Netball	Health and Fitness Dance	Gymnastics Dance	Football Hockey	Tennis Athletics	Cricket / Rounders Orienteering
Year 3		Tag Rugby Health and Fitness	Gymnastics Netball	Football Hockey	Dance Orienteering	Tennis Athletics	Cricket Rounders
Year 4		Tag Rugby Health and Fitness	Gymnastics Netball	Football Hockey	Dance Orienteering	Tennis Athletics	Cricket Rounders
Year 5		Gymnastics Netball	Tag Rugby Health and Fitness	Football Hockey	Tennis Orienteering	Cricket Athletics	Dance Rounders
Year 6		Tag Rugby Health and Fitness	Football Orienteering	Dance Hockey	Gymnastics Netball	Tennis Athletics	Swimming Cricket Rounders

Franco = EYFS, Year 1, Year 2, Year 6

SNFC = Year 3

Teachers = Year 4, Year 5, Year 6

