

Non-screen Activity Grid Year 3

1	2	3	4	5
Write a play script. It could include your family members. Make sure you find a time when everyone is free to act it out! Or use puppets. 	Invent a brand-new board game. Jot down your design and make it.  Why not get your family to play your new game at the weekend or if you have a free evening?	Draw a detailed family portrait, including any pets. You could use photos to help you. 	Write a letter or card to a family member in another house and post it. Why not draw them a picture too. 	Play alphabet bingo. Spot an item in your home or garden, beginning with the letter A, then B, then C. Write them in a list. 
6	7	8	9	10
Create and draw your own animal. Combine two or more of your favourite animals. What would you call your animal?  Panda/Elephant Hybrid by Jeel	Become the new Joe Wicks. Create a workout including some of the exercises you have been doing in PE, and maybe a few of your own. 	The perfect teacher. Write a list of ingredients to make the perfect teacher.  Perhaps you know one or two already. (Mrs Rodgers, Mrs Hunt or Mr Thomas 😊)	Create a song or rap about your favourite food, or about your least favourite food.  Try to add body percussion - think about your music lessons, and maybe add some dance moves as well.	What makes a good friend? Write a recipe with the key ingredients of friendship. 

Every Monday afternoon is our non-screen time. Please choose 2 of the activities from this grid every Monday, and find somewhere away from any screens (tablet, ipad, television, phone, laptop etc) to complete the tasks. These activities have been designed for you to do on your own. If you are not sure about an activity, choose another one, and discuss with your teacher anything you don't understand in feedback time.