

Parent and Carer Guide to Online Safety

Smart tech, safe choices – Exploring the safe and responsible use of AI.

With the growing use and understanding of **AI tools, voice assistants, chatbots, and smart devices**, it is more important than ever to help children develop the skills to navigate this technology safely and confidently.

Artificial Intelligence (AI) is when a computer or device can think or learn in a way like humans learn from experience.

Children may be using AI tools for homework, entertainment, or content creation. Also, AI is used for virtual friends which can be dangerous to children.

AI is continuing to be a part of the world, and it is extremely useful. However, we need to ensure that children have the knowledge to use AI **safely, appropriately, correctly** and **within the law**.



What you can do to support your child!

Ask: "How do you know if information online is trustworthy?"	Ask: "What apps or smart tools do you like using?"	Ask: "What would you do if something online made you feel unsure or uncomfortable?" Reinforce: The importance of NOT sharing personal information with AI tools.	Ask: "Do you know what information you should keep private online?"	Think: What Apps are my child using?
Explore parental controls. (Most apps contain parental controls)	Check device privacy settings. (Is your child protected online?)	Recognise: What safe and responsible use of technology looks like.	Teach: To question where AI content comes from.	Think: Are they using AI sensibly and for educational purposes?
Enjoy going online together and talk regularly about your family's online lives.	Understand where AI technology is used and the impact it can have.	Know where to go for help if something goes wrong.	Make sure they know they can always come to you.	

External Help

- [Artificial intelligence safety tips for parents | NSPCC](#)
- [A guide to artificial intelligence \(AI\) for parents | Internet Matters](#)
- [Top Tips for parents and carers - UK Safer Internet Centre](#)

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If you, or anyone you know is worried about or dealing with issues related to online safety, or you need advice, you can speak to

Designated Safeguarding Lead (DSL) - Mrs Bates
Deputy DSLs- Mr Clipsham and Miss McGee
Online Safety Lead - Mr Thomas